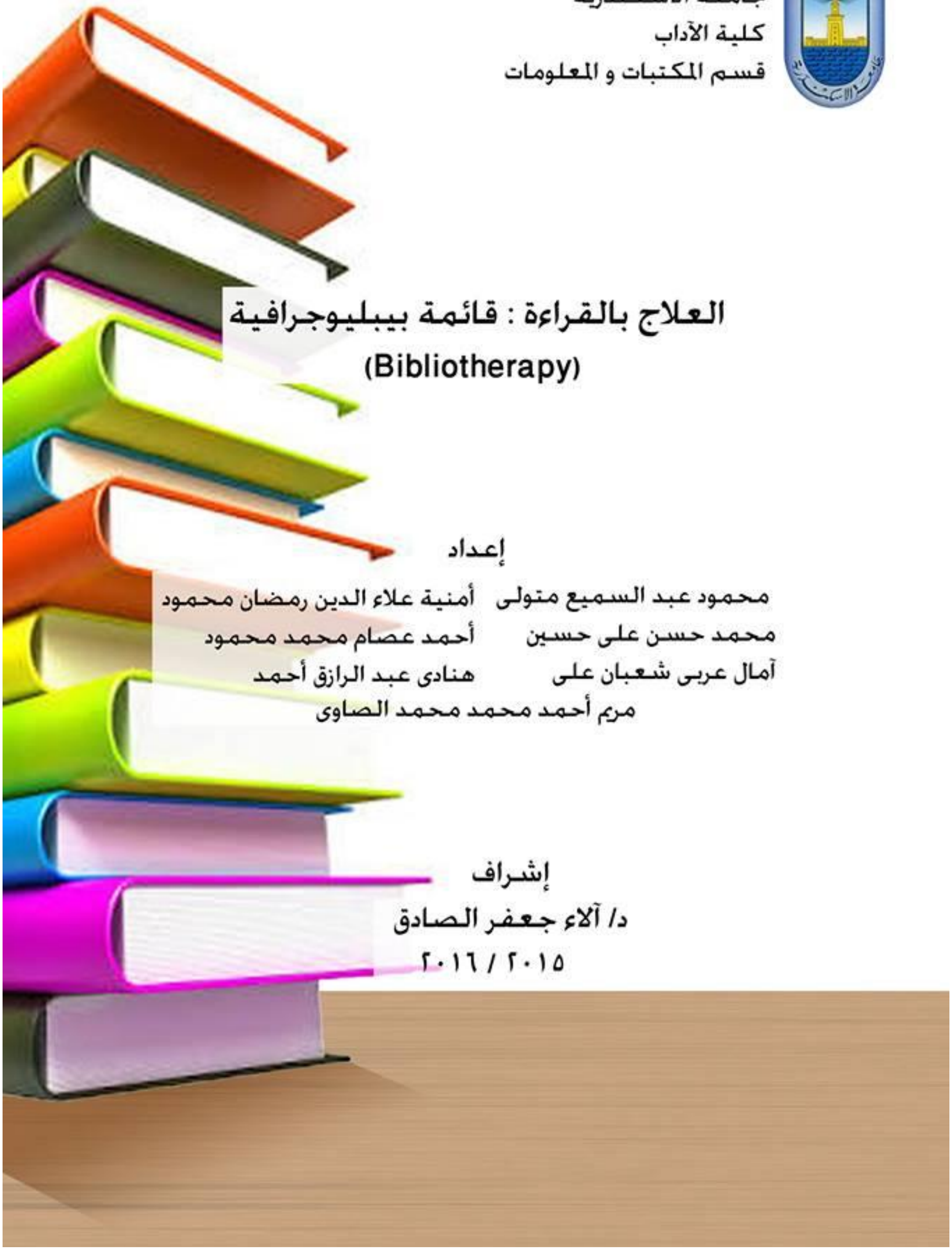
جامعة الأسكندرية
كلية الآداب
قسم المكتبات و المعلومات



العلاج بالقراءة : قائمة بيبليوجرافية
(Bibliotherapy)

إعداد

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٢٠١٥ / ٢٠١٦

المقدمة

الحمدلله الذى لولاه ماجرى قلم وما تكلم لسان و
الحمدللهالذيجعللنامنالعلمنورانهديبه والصلاة والسلام على سيدنا
محمد(صلى الله علية وسلم) افصح الناس لسانا واوضحهم بيانا ثم اما بعد،
نتعرض فى عصر المعلومات الى زخم هائل فى مصادر المعلومات
وتشتتها فى اماكن كثيره ومعالجات مختلفة لها وكان لزاماً على بعض
المتخصصين فى علوم المكتبات والمعلومات ان يقدموا خدمة لحصر
ووصف وتسجيل الانتاج الفكرى المتشتت وتسهل الوصول الية
واسترجاعة بطريقة منظمة وذلك بما يعرف بالعمل الببليوجرافى الذي
ينتج عنة ما تسمى بالقائمة الببليوجرافية وهى الاداة التى يستيطع الباحث
عن طريقها التوصل الى الانتاج الفكرى فى مجال موضوعى معين وفى
فترات واشكال معينة .

ومن الجدير بالذكر ان العلاج بالقراءة (bibliotherapy) من
الموضوعات الهامة والحديثة لما له من اثر فى اكثر من مجال حيث انة لا
يقتصر على علم المكتبات وفقط بل يتعدى ذلك حيث يتندرج تحت اكثر
كعلم النفس والطب النفسى وعلم الكتاب ولذلك يحتاجة الباحثون بشدة فى
كل هذة التخصصات ومع الرغم من كل هذة الاهمية لم يحظي العلاج
بالقراءة بحصر عام يغطى الفترات الزمنية الى وقتنا الحالى رغم تطور
الموضوع اللهم الا بعض المجهودات الفردية لكل من الدكتور شعبان
عبدالعزيز خليفة والدكتور فؤاد اسماعيل لذلك فضلنا الاتجاة نحو حصر
ووصف هذا الموضوع قدر المستطاع ووفق الامكانيات المتاحة والوقت
المتاح.

ومن هذا المنطلق يجب تحديد تغطية المشروع الببليوجرافى وهو كالتالى:-

1-الحدود الموضوعية:- تم استيعاب موضوع العلاج بالقراءة (bibliotherapy) وبعض الموضوعات المتعلقة بة مثل العلاج بالموسيقى (musictherapy) والعلاج النفسى (psychotherapy) وغيرةن وتم تقسيم الموضوع الى ثلاثة فروع رئيسية وهى كالتالى:-

- **Biblitherapy**:- ويندرج فى هذا الفرع كل ما يتعلق بتعريف العلاج بالقراءة والتمهيد لهذا الموضوع والدراسات السطحية عنة كما انة يحتوى على شعبة اخرى الا وهى community bibliotherapy
- **Clinic bibliotherapy :-**ويحتوى على الموضوعات التى تتناول القراءة العلاجية من منظور الطب النفسى.
- **Developmental bibliotherapy**:- وتحتوى على الموضوعات المتعلقة بالمراحل السنية المختلفة ومشكلاتها وطرق علاجها بالقراءة .

2-الحدود الكمية:-

يحتوى المشروع على 488 تسجيلة

3-الحدود الزمنية:-

ضمت الببليوجرافية المفردات من عام 2001 الى 2015 وذلك لان المفردات التى ضمنها الدكتور شعبان خليفة والدكتور فؤاد اسماعيل توقفت عند عام 200 .

4- الحدود المكانية:-

ضمت المفردات التى انتجت فى كل الولايات المتحدة الامريكية والمملكة المتحدة(انجلترا) والوطن العربى.

5- الحدود الشكلية:-

ضمت القائمة (الكتب، الرسائل الجامعية والاطروحات، مقالات الدوريات، تقارير البحوث، الفيديوهات)

6-الحدود اللغوية:-

ضمت الببليوجرافية كل من اللغة العربية واللغة الانجليزية وذلك لان كل من اللغة العربية والانجليزية قريبة من الباحث العربى وتعتبر من اللغات الدولية.

ومن مصادر التى تم الحصر من خلالها:-

1- Eric database
2- فهرس مكتبة الكونجرس library of congress catalog
3- Q.senseischolai
4- فهرس مكتبة الاسكندرية.
5- Youtube
6- فهرس مكتبة دبى العامة.
7- فهرس مكتبة جامعة السلطان قابوس.
8- قاعدة الهادى .
9- Ebrary database
10- Proquest
11-مكتبة الملك فهد.
12-مكتبة البحرين العامة.
13-نظام اتحاد الجامعات المصرية future

الوصف الببليوجرافى:-

تم الاعتماد على apa(American Psychological Association) citation style الطابعه الخامسة منه :

1- مثال على كتاب لمؤلف واحد :

الاسم الاخير، الاسم الاول(سنة النشر). _عنوان الكتاب مائل مع وضع خط تحته_ (ط. ثم رقم الطبعة إن وجد). مكان النشر: الناشر، عدد الصفحات.

2- مثال على مقالة من مجلة أو دورية إلكترونية:

الاسم الاخير، الاسم الاول. (سنة النشر، اليوم ان وجد ثم الشهر ان وجد). عنوان المقالة. _عنوان المجلة مائل مع وضع خط تحته_، رقم المجلد ان وجد مائل (رقم العدد)، ص ص رقم صفحة البداية- رقم صفحة النهاية. استرجعت في تاريخ اليوم، السنة، من: رابط صفحة المقال

التنظيم والترتيب:-

تم الترتيب هجائيا برؤوس الموضوعات كخط تنظيم اول ثم هجائيا بالمدخل سواء كان مؤلف (فرد او هيئة) او بالعنوان فى حالة عدم وجود مؤلف، ثم بالعناوين كخط تنظيم ثالث.

وبلنسبة للتنظيم الجانبى اعدت ثلاث كشافات الاول بل مؤلفين هجائيا و الثانى بعانوين المقالات هجائيا و الثالث بعناوين الرسائل الجامعيه هجائيا.

الاختصارات وعلامات الترقيم:-

1) الاختصارات الانجليزية

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United kingdom	uk
edition	Ed.
page	p.
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No date	n. d.
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VOLUM	VOL.
TRANSLTORS	TRANS.
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ط	طبعة
ص.	صفحة
ص. ص.	صفحات
د.م	دون مكان
د.ت	دون تاريخ
د.ن	دون ناشر
وآخ	وآخرون

ع	**العدد**
مج	**مجلد**
ج	**جزء**
س	**سنه**

قائمة رؤوس الموضوعات:-

B

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Abdulllah, Mardziah Hayati.(2002,December). Bibliotherapy. *Eric digestinin* *Eric* retrieved December 20,2015 from : http://goo.gl/ftdh5z

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ممارساتالقراءةإليالعلاجبالقراءةفيالمحيـ

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[224]